

Happy October

October 2025 Newsletter



Welcome to This Month's Edition of Our Beauty and Wellness Newsletter

In this newsletter, we discuss the latest trends in both surgical and non-surgical treatments. This month, discover various options for **Surgical and Non-Surgical Neck Rejuvenation** and explore the advantages of **Pixel 8-RF Micro-needling**.

You'll also find **glowing patient testimonials** and the most recent updates about our "work family."

Stay tuned for our upcoming newsletter, where we will uncover more innovative procedures that are transforming the world of cosmetic enhancement.

Whether you're contemplating a new treatment or simply want to stay informed, we are here to navigate you through the ever-changing landscape of beauty and wellness.

This Newsletter Includes:

Learn About:
*Surgical vs.
Non-Surgical Neck
Rejuvenation*

SPA Highlight:
*Pixel 8 -
Radio Frequency
Micro-needling*

Featured Blogs

Latest
Google Reviews

Staff Updates



The Spa
at GRYSKIEWICZ
COSMETIC SURGERY

LEARN ABOUT NECK REJUVENATION



**Results will continue to improve*

SURGICAL Options:

- ✓ Facelift or Neck Lift

NON-SURGICAL Options:

- ✓ Pixel 8-RF Microneedling
- ✓ CO2 Laser Resurfacing
- ✓ ThermiSmooth



Overview: When considering neck rejuvenation, there are both surgical and non-surgical options to address concerns such as sagging skin and volume loss. Surgical procedures like neck lifts can provide more dramatic and longer-lasting results by tightening underlying muscles and removing excess skin. On the other hand, non-surgical treatments offer less invasive alternatives with shorter recovery times.

NECK LIFT: A neck lift is a complex facial plastic surgery procedure designed to sharpen and define your lower face and neck with results that last longer than other neck lift techniques. Dr. Luck's neck lift technique can achieve a more natural-looking, enduring, and powerful rejuvenation of the neck contours that restore the youthful and well-defined angles of the lower face and neck.

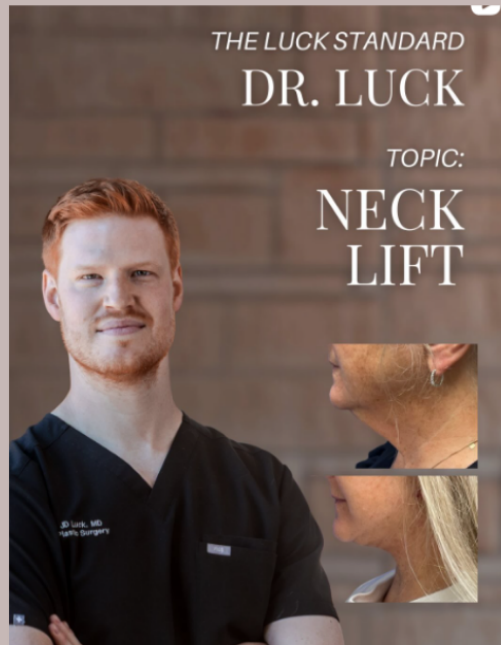
PIXEL8- RF MICRONEEDLING:

Microneedling and radiofrequency work together to create tighter, firmer, smoother, and healthier skin.

CO2 LASER RESURFACING: Is an excellent skin rejuvenation treatment to remove the outermost layers of the skin, leaving room for the growth of new skin cells and a smoother, firmer, and more even complexion.

THERMISMOOTH: Uses radiofrequency (RF) energy to gently heat the skin and stimulate collagen production, resulting in smoother, tighter skin.

Click the videos to learn more



ThermiSmooth

LEARN ABOUT PIXEL8-RF® MICRONEEDLING



This non-surgical cosmetic treatment is **designed for skin rejuvenation**. The procedure involves creating tiny punctures in the skin while delivering radio frequency energy deep into the dermis, promoting a smoother and more youthful complexion.

What are the benefits?

- Firm and tighten skin
- Reduce fine lines and wrinkles
- Improve the appearance of acne scarring, blemishes, and hyperpigmentation
- Minimize large pores
- Enhance the overall tone and texture of the skin
- Soften laxity and wrinkling around the eyes
- Make the hands appear more youthful



FEATURED BLOGS

Double Chin Reduction Techniques – Surgical and Non Surgical

A double chin is a concern that affects both men and women. Despite a healthy lifestyle, stubborn fat beneath the chin may remain due to genetics, aging, or weight fluctuations. This excess fat can cause a less defined jawline and contribute to an older or heavier appearance, leading many individuals to seek professional solutions for double chin reduction. [Click here to read more.](#)

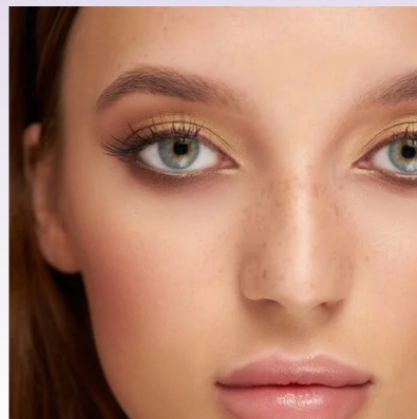


How Soon After Pregnancy Can I Get a Breast Augmentation?

Pregnancy brings many changes to a woman's body, often resulting in a loss of breast volume, sagging, or an overall shift in breast shape. If you're considering breast augmentation to restore your pre-pregnancy figure or achieve your desired aesthetic, timing your procedure correctly is essential to ensure the best results. [Click here to read more.](#)

How Nose Anatomy Impacts Your Nose Surgery – What You Need to Know

Understanding the anatomy of the nose and the various aspects of nose surgery can help us appreciate its complexity and the potential benefits of surgical interventions. In this article, we will explain nose anatomy and common nose surgeries. [Click here to read more.](#)



GOOGLE REVIEWS



I inherited my father's chin/neck. ... March 2025, I decided it was my time, to take care of my chin/neck. I researched surgeons and decided to meet with Dr. Luck. Before medical school he worked construction and I thought to myself, what a great foundation to build his surgical skills on. Dr. Luck has been blessed with his abilities to enhance people's life.

This has been an amazing experience and I am so grateful to have been given such an incredible lift-gift by Dr. Luck and his staff ❤️ ...



Dr. Joe (and staff) is absolutely 5/5 recommended for a breast augmentation! ... I had my surgery on a Thursday morning and I was able to attend an outdoor concert two days later, back to work as a nurse a few days later. ... I'm in love with my results and they look very natural - the incisions are barely noticeable when I'm 3 weeks post op. I would go back to him for any other cosmetic procedure in a heart beat and recommend Dr. Joe and his staff to make your dreams come true 😊



Dr. Luck and the amazing Group of ladies made the experience of my mommy makeover 100% comfortable and positive. Everyone there is so genuine and relaxed and their energy is contagious. ... somehow by my second postop appointment, the girls were stopping in just to say hi ... while I was having my sutures removed and I was completely relaxed. **Thank you guys for making this experience a great one and Dr. Luck did amazing work! I love my new bod ❤️❤️**

OFFICE UPDATES

SAVE THE DATE- Fall Open House

Our Fall Open House will be on Thursday, November 6th from 2-6 PM at our Burnsville office.

This is a great opportunity to learn more about our SPA services, and get the opportunity to "Ask the Doctors" surgical questions! Further details to follow later this month.



Dr. Joe will be attending the 34rd International Course in Advanced Rhinoplasty Techniques

Dr. Joe will be in Netherlands later this month, where he will further his rhinoplasty expertise.

DID YOU KNOW- Dr. Joe is the past president of the International Rhinoplasty Society?



Makinley & Mary's Birthday

On October 5th & October 12th, we will be celebrate Makinley & Mary's birthday! If you see them, be sure to wish them a Happy Birthday month!

