

Happy November

November 2025 Newsletter



In this month's newsletter, we explain the difference between liposuction and tummy tuck and share the benefits of our Moxi Laser with Broad Band Light.

Additionally, you will find inspiring patient testimonials and the latest news about our "work family."

Be on the lookout for our next newsletter, where we will answer frequently asked questions & covered the most popular surgical and non-surgical treatments of the season!

Whether you're considering a new treatment or simply wish to stay updated, we are here to guide you through the ever-evolving world of beauty and wellness.

This Newsletter
Includes:

Learn About:
*Liposuction vs.
Tummy Tuck*

SPA Highlight:
*Moxi Laser & Broad
Band Light*

**Featured
Blogs**

**Latest
Google Reviews**

**Staff
Updates**



WHAT'S THE DIFFERENCE BETWEEN TUMMY TUCK & LIPOSUCTION

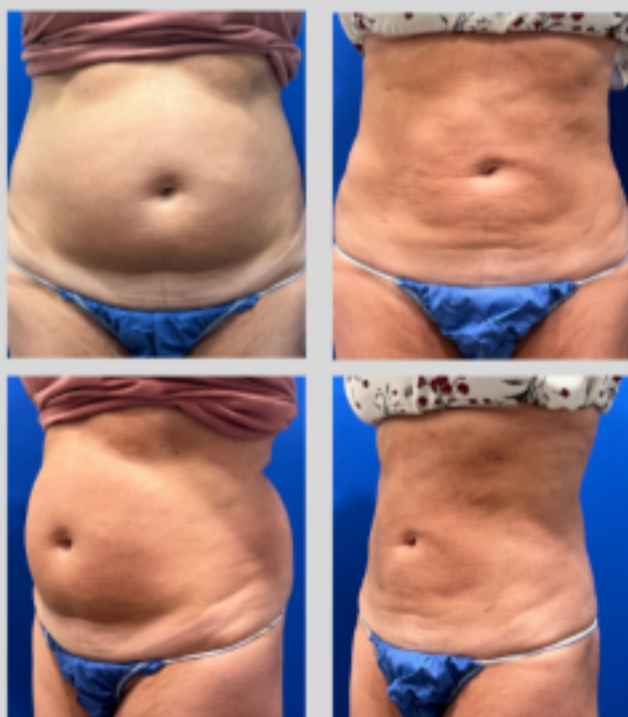


Tummy Tuck with Liposuction of the Abdomen

Before & 6 weeks After

Liposuction of the Abdomen

Before & 6 weeks After



OVERVIEW: A tummy tuck, or abdominoplasty, is a surgical procedure that involves removing excess skin and fat from the abdominal area and tightening the underlying muscles, resulting in a firmer and smoother abdomen.

Liposuction, on the other hand, is a less invasive surgical procedure that focuses on removing localized fat deposits from various parts of the body, including the abdomen, without addressing loose skin or muscle laxity. While a tummy tuck provides more comprehensive contouring and longer-lasting results, liposuction offers a targeted approach with shorter recovery times.

RECOVERY:

- **Tummy Tuck:** Recovery is typically longer than liposuction. It involves a longer healing period due to the invasive nature of the procedure. Patients usually experience swelling, bruising, and discomfort, which can last several weeks. It may take around three weeks before returning to normal activities, and strenuous activities should be avoided for a more extended period, as advised by your surgeon.
- **Liposuction:** Often involves less downtime compared to a tummy tuck. Patients may experience bruising, swelling, and discomfort around the treated areas, which typically subside within a few weeks. Most people can return to work and normal activities within a week or two, although it's essential to avoid strenuous activities for three weeks.

Click the videos to learn more



LEARN ABOUT MOXI LASER & BBL BY SCITON



Laser skin resurfacing is a state-of-the-art non-surgical cosmetic treatment that can likely benefit any person who wants to rejuvenate the tone and texture of their skin. The laser is extremely versatile and can be tailored to your unique skin type, tone, concerns, and needs. Treatment is fully customized for each patient.

What are the benefits?

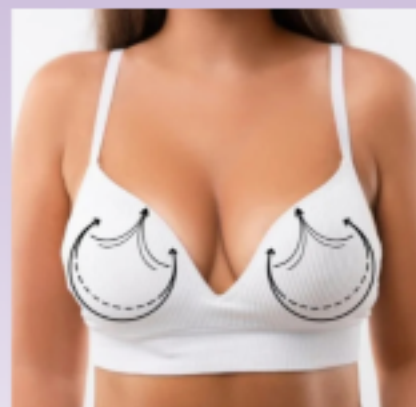
- Non-surgical treatment that does not require excessive downtime
- Facilitates production of new collagen and elastin fibers
- No need for anesthesia
- Equipped with cooling techniques to enhance patient comfort
- Allows continued improvement in the skin over time



FEATURED BLOGS

Different Tummy Tucks: The Umbilical Float

A tummy tuck is an option for many who struggle with body image issues due to excess skin, stubborn fat deposits, or weakened abdominal muscles, often resulting from significant weight loss or pregnancy. The procedure refines the abdominal area, enhancing both appearance and comfort. [Click here to read more.](#)



What is the Internal Bra Technique for Breast Surgery?

You might have heard the term "internal bra" and wondered what this innovative and increasingly popular internal bra technique might be! This surgical technique has been making waves in the world of breast surgery, offering patients a new way to achieve natural-looking, long-lasting results. [Click here to read more.](#)

Will My Nose Job Be Noticeable

One of the most essential benefits of rhinoplasty is the ability to attain greater harmony between your facial features with strategically placed or internal incisions. Unlike other cosmetic procedures, rhinoplasty incisions are strategically concealed either internally or along the undersurface of the nose. [Click here to read more.](#)



GOOGLE REVIEWS



I am beyond happy with my results! **Dr. Joe and his whole team and very knowledgeable and go above and beyond.** I felt so comfortable with their team and knew I was in the right place from the moment I walked in the door. Dr. Joe's experience and expertise shows with my very easy and fast recovery. I had surgery on a Friday afternoon and I was out and about with no issues by the following Monday. I highly recommend them!



Dr. Luck is absolutely the best! And the staff amazing 😊 I had a deep plane face and neck lift. I look 15 years younger! He also did a lip and brow lift Wow! What a difference. Also, shout out to Dr. G for the fantastic earlobe surgery. They look perfect Thank you everyone for all your expertise and kindness ❤️



Dr Joe and his team are outstanding! I would highly recommend him! From the first consult with Dr Joe I knew exactly he is the only Dr I want to work on my body. I received a silicone breast augmentation with Dr Joe and had a wonderful experience! Quick recovery and I'm very happy with my results. Thank you for everything!

OFFICE UPDATES

Fall Open House

Thank you to everyone that joined us for the Fall Open house on November 6th.

We love seeing so many of your beautiful faces at once!



Happy Work Anniversary Lexie & Caitlyn

Congratulations to Lexie & Caitlyn on their Work Anniversary! This month marks a special milestone as we celebrate Lexie's 7th and Caitlyn's 3rd work anniversary. We feel incredibly fortunate to have both of them as cherished members of our team!



Dr. Joe & Amy's Birthday Month

On November 10th & November 20th, we will be celebrate Dr. Joe & Amy's birthday! If you see them, be sure to wish them a Happy Birthday month!

