

# Happy January

January 2026 Newsletter



Welcome to this month's newsletter. This month we would like to share information on Dr. Luck's Ageless Deep Plane Facelift surgery and our newest obsession, the CO2 CoolPeel treatment.

Be sure to check out our featured blogs and latest Google reviews from our happy patients!

We are committed to guiding you every step of the way as you explore and embrace the evolving landscape of beauty and wellness in these cold winter months.

This Newsletter  
Includes:

**Learn About:**  
*Facelift*

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**SPA Highlight:**  
*CO2 CoolPeel*

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Featured  
Blogs

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Latest  
Google Reviews

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Staff  
Updates



# LEARN ABOUT FACELIFT



Before & 6 weeks After\*

**OVERVIEW:** A facelift is designed to address the most common signs of facial aging—such as jowling, deep facial folds, and loss of youthful contour. Unlike traditional facelifts that primarily tighten skin, **Dr. John Luck specializes in the Extended Deep Plane Facelift**, an advanced technique that repositions the deeper facial structures responsible for aging. This approach allows for more powerful, longer-lasting correction while maintaining a natural appearance.

Dr. Luck's philosophy is centered on achieving a **natural, refreshed, and never "overdone" appearance**. Every facelift is fully customized to the individual, restoring a youthful look that still feels like *you*.

Before & 6 weeks After\*



**RECOVERY:** Dr. Luck utilizes advanced techniques and intraoperative nerve blocks to minimize post-operative discomfort. As a result, most patients experience only mild pain that is easily managed during the early recovery period.

While every patient heals at their own pace, the majority of swelling and bruising generally resolve within two weeks.

Most patients are able to return to work within one to two weeks, depending on the nature of their job. For important events patients can typically expect to look camera-ready approximately three months following surgery.



# LEARN ABOUT CO2 COOLPEEL

The **ONLY**  
CO2 Laser  
proven safe for  
All Skin Tones



The **CO2 CoolPeel** laser treatment is a cutting-edge skin rejuvenation procedure designed to effectively minimize the appearance of wrinkles, sunspots, and uneven skin texture. This advanced treatment leaves your skin smoother and more youthful, helping you achieve the complexion you desire. If you're looking to address specific skin concerns, the CO2 CoolPeel laser treatment could be the perfect solution. Reach out to us for a complimentary consultation to discover more about how it can benefit your skin!

## CO2 CoolPeel Improves:

- Fine lines and deep wrinkles
- Uneven pigmentation and redness
- Age spots
- Acne scars
- Sun damage
- Skin texture
- Dark under-eye circles
- Lax skin



## BEFORE & AFTER PHOTOS

coolpeel.

BEFORE

AFTER



Number of Sessions: 3  
Courtesy of: Elan Aesthetics

CARTESSA

coolpeel.

BEFORE

AFTER



Number of Sessions: 1  
Courtesy of: Saije Esthetics LLC

CARTESSA

coolpeel.

BEFORE



AFTER

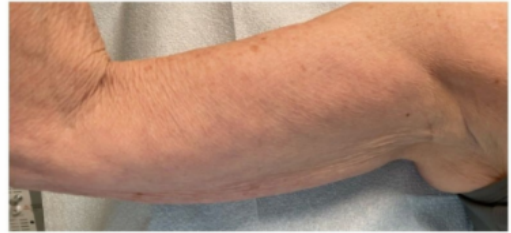


Courtesy of: Connecticut Medical Aesthetics

CARTESSA

coolpeel.

BEFORE



AFTER



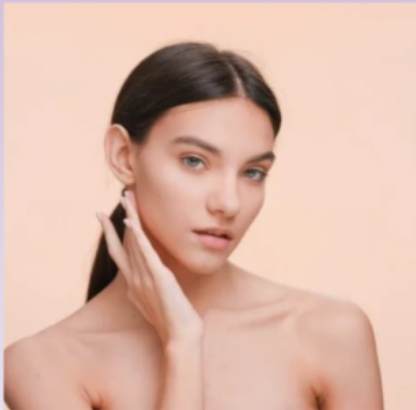
Number of Sessions: 1 Treatment  
Courtesy of: The Spa House

CARTESSA

## FEATURED BLOGS

### Double Chin Reduction Techniques – Surgical and Non Surgical

Dr. Joe Gryskiewicz and Dr. John Luck provide expert care in both surgical and non-surgical treatments designed to reshape the chin and neck area. Understanding the benefits and differences between these options can help you make an informed decision about which treatment is best suited for your goals. [Click here to read more.](#)



### How to Get Thinner Cheeks and a Slimmer Face

Do you want thinner, more defined cheeks that highlight your natural facial features? You're not alone. Many people desire a slimmer, more contoured face that radiates confidence and beauty. Fortunately, there are various surgical and non-surgical options available to help you achieve the look you've always wanted. [Click here to read more.](#)

### How Can Fat Be Removed By Freezing It?

CoolSculpting® is a non-invasive fat reduction treatment that harnesses the power of controlled cooling to eliminate stubborn fat cells without surgery or downtime. For individuals who struggle with localized fat deposits resistant to diet and exercise, CoolSculpting® offers a scientifically proven method to sculpt and refine the body. [Click here to read more.](#)





# GOOGLE REVIEWS



**Dr. Joe and his team are outstanding! I would highly recommend him!** From the first consult with Dr. Joe I knew he was the only Dr I wanted to work on my body. I received a silicone breast augmentation with Dr. Joe and had a wonderful experience! Quick recovery, and I'm very happy with my results. Thank you for everything!



From the moment I met Dr. Luck, I was confident that he would provide me with the best possible care and outcome! He understood what I had in mind and which areas to target.

I underwent a reduction mammoplasty and a lift (mastopexy). I am extremely satisfied with the results, having finally decided to have the procedure after years of consideration.

**Throughout the entire process, I felt comfortable and confident in Dr. Luck's expertise. ...**

I will definitely be a returning patient!



It was one of the best decisions I've ever made to have a breast lift and augmentation. I'm so happy to have my nipples no longer pointing at the ground, plus they look so natural! Never any pain. **I would not have wanted anyone else do the surgery, Dr Joe and his staff and so caring and kind.**

## OFFICE UPDATES

### Welcome Dr. Kristen Pan

We are excited to announce that Dr. Kristen Pan will be joining our practice full time in July. She will start seeing patients intermittently beginning on March 12<sup>th</sup>.



### Save the Date: FREE Peel Event

Mark your calendars for our Peel event taking place on Friday, February 20<sup>th</sup>, at the Burnsville office.

*First-time peel patients can enjoy a complimentary peel!*

More details coming next month.



### Celebrating Danielle's Work Anniversary!

Congratulations to Danielle on celebrating her 2<sup>nd</sup> work anniversary with us! We are truly grateful to have her as a valued member of our team!

