

March into Beauty

March 2026 Newsletter



Welcome to This Month's Newsletter

We're excited to bring you insights on Quick Recovery™ Breast Augmentation and showcase the incredible benefits of getting a HydraFacial treatment.

Don't miss our featured blogs and check out the latest Google reviews from our satisfied patients!

We're committed to supporting you at every step of your surgical or non-surgical journey! Get started with a free consultation today!

This Newsletter
Includes:

Learn About:
Quick
Recovery™
Breast
Augmentation

SPA Highlight:
HydraFacial

Featured
Blogs

Latest
Google Reviews

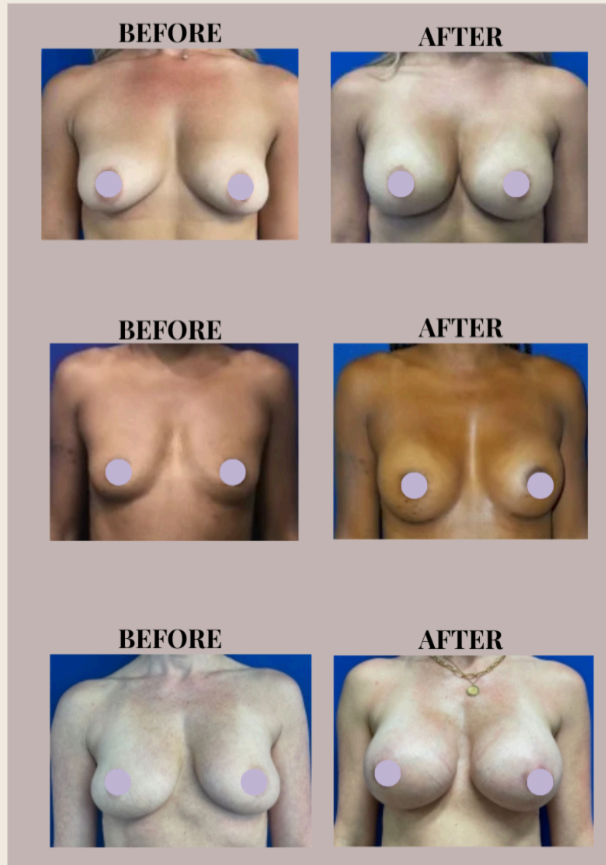
Staff
Updates



LEARN ABOUT QUICK RECOVERY™ BREAST AUGMENTATION

What is Quick Recovery™ Breast Augmentation?

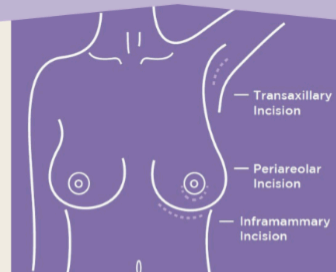
Traditionally, breast augmentation requires one to two weeks of downtime before patients can return to their normal routines—this can be a deal breaker for some individuals who have busy lifestyles. Fortunately, **Quick Recovery™ Breast Augmentation only requires 24 hours of downtime**, often with less discomfort during the healing period than traditional breast augmentation surgery. Less downtime means you'll be back to work, family, and friends earlier than ever!



How painful is a Breast Augmentation?

Breast augmentation is performed under general anesthesia, so you will be asleep during your procedure. After surgery, any discomfort you may feel can be managed with your prescribed medication. Discomfort typically lasts a few days.

What are my incision options?



Is Breast Augmentation safe?

Yes, breast augmentation is considered very low-risk for patients who are good candidates for surgery. At our practice patient safety is our top priority. To ensure your safety, be sure to choose an experienced plastic surgeon who has a proven record of excellent breast augmentation results.

LEARN ABOUT Hydrafacial™

Learn about HydraFacial

A HydraFacial is a popular, non-invasive skincare treatment that gives your skin a deep clean, gentle exfoliation, and intense hydration—all in one session. It's often described as a “medical-grade facial” because it uses a specialized device to cleanse pores, remove dead skin cells, and infuse the skin with nourishing serums.



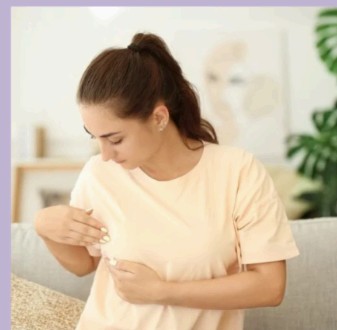
What are the benefits of a HydraFacial Treatment?

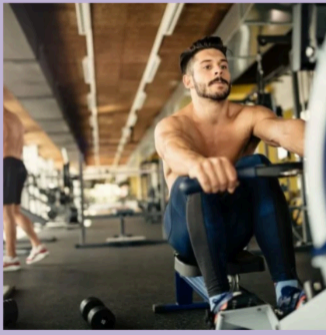
- **Deeply cleanses** pores by removing oil, dirt, and impurities
- **Gently exfoliates** to remove dead skin cells and reveal smoother skin
- **Hydrates** the skin with nourishing serums and antioxidants
- **Improves skin tone and texture** for a brighter, more refreshed appearance
- **No downtime**, so you can return to normal activities right away
- **Provides an immediate glow**, making it great before events or special occasions

FEATURED BLOGS

What Causes Breasts to Look Aged?

As we age, our bodies undergo various changes, and the breasts are no exception. Factors such as gravity, hormonal fluctuations, lifestyle habits, and genetics all contribute to the way the breasts evolve over time. Many women and men notice that their breasts begin to look aged, appearing saggy, deflated, or uneven. Understanding these changes and the underlying causes can help individuals make informed decisions about potential solutions. [Click here to read more.](#)



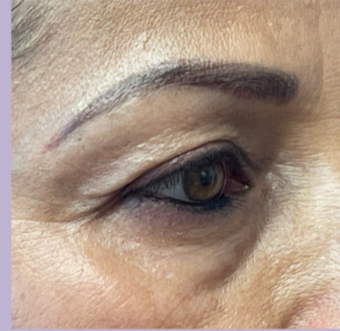


Gynecomastia: Can Exercise Alone Treat Enlarged Male Breasts?

Gynecomastia, a condition characterized by enlarged male breasts, affects a significant portion of the male population. While the development of excess glandular breast tissue can be distressing, it is essential to understand that gynecomastia is a common condition that can also be associated with breast pain. [Click here to read more.](#)

What Are Hooded Eyelids? Causes and Solutions

Hooded eyelids are a distinctive eyelid shape where an extra layer of skin droops over the crease, causing the lid to appear smaller. This feature is especially noticeable when the eyes are open. Unlike other eyelid shapes, such as the monolid (where no crease is visible) or the double eyelid (which features a prominent crease), hooded eyelids can create a shadowed or 'hooded' appearance. [Click here to read more.](#)



GOOGLE REVIEWS



I had a breast reduction done and I could not have asked for a better experience. From the front desk, to the nurses, to Dr. Luck himself everyone was fantastic. They were helpful, kind, and patient. **My surgery results turned out better than I ever could have dreamed of.** I would recommend this office to anyone that's looking to get work done.



Dr. Joe and his team are phenomenal! **So happy I chose to go with Dr. Joe for my lift and augmentation.** I had 4 other consults and his team and expertise truly stuck out and it was a no brainer to go with him. I am already so happy with my results and would recommend anyone to go with him.
Thank you!!! :)



Dr. Luck is absolutely the best! And the staff amazing 🥰 I had a deep plane face and neck lift. I look 15 years younger! He also did a lip and brow lift Wow! What a difference. Also, shout out to **Dr. G for the fantastic earlobe surgery.** They look perfect Thank you everyone for all your expertise and kindness ❤️

OFFICE UPDATES

Thank you to everyone who attended our Peel Event. Your presence made it truly special, and we hope you enjoyed the experience. We look forward to welcoming you back to our office soon for more exciting events and opportunities to connect.



Dr. Kristen Pan will be visiting our office the month of March!

She will be joining our team full-time in July, and we are thrilled to bring her expertise and perspective to our patients. As a talented female surgeon, Dr. Pan expands the options available for patients who prefer the care and understanding that can come with a female provider. We are excited for our patients to meet her.



Celebrating Lexie and Corky's Birthday Month at Our Office!

Happy Birthday to Corky and Lexie! We're excited to celebrate their special month with lots of joy! Here's to another fantastic year ahead filled with all the things they love most!

